



APR 2023 EDITION

Commander's corner

SPRING HAS SPRUNG!!

What a winter, so many wonderful things happened during the winter months.

Our accomplishments would not be possible if it were not for all our volunteers, both Post and Auxiliary.

Our events committee is hard at work arranging new and exciting events for the post. We had a successful Clubroom Olympics and have started with live music on Friday and Saturday nights!!

We have a shared calendar that you can request by providing your email address, you will get notifications of all our events and meetings.

I look forward to a rewarding spring and summer with all the possibilities that lay ahead for POST 5331.

Thank you, Eva

BIG RIVER VFW POST 5331

WORDS FROM OUR QUARTERMASTER

Greetings, I hope that all are well and prosperous. Friday Fish Fry have been going well, I would like to express my appreciation to all that have worked so hard. I am especially thankful that all have worked so well together. Sometimes I am just amazed how well everyone comes together to get the job done. It is all most like a well-oiled machine; I hope all are enjoying the comradery and being able to get together.

We will start the Chicken Dinners back on the 23rd of April, I encourage any that are able to try and come out to help.

Our post is well positioned to earn the recognition of being both an All State and All-American VFW post this year, thanks to everyone for all their efforts that went into making that happen. Dan

From the Adjutant:

We are starting off the year great in our membership numbers. We were over 100% at the New Year and if we continue will be over 100% plus a member or two at the end of the fiscal year. If you know anyone eligible for VFW membership, please talk to them about becoming a member. The VFW does more for Veteran's benefits than any other Veteran organization out there. More members mean more voices being heard in the halls of Congress when legislators meet to discuss financial allocation and bills on the floor. Mark

UPCOMING EVENTS

APR 3, 2023

HOUSE COMMITTEE

MEETING 6PM

2023

APR 10

POST/AUX MEETING

7PM

Clubroom fun

April 7 Adult easter egg hunt 7pm

Live Music

April 14 7pm Brady Horn

Apr 28 7pm Jason Cole

Apr 29 8pm John Jarrett

Farmer's Market starts back up in May, every Saturday morning from 0800-1300

VFW POST 5331
FACEBOOK LINK



BIG RIVER VFW POST 5331 1 LYNN LANE CEDAR HIL MO
(636) 274-5001

COMMANDER EVA MALONEY/SR VISE MITCH BROWN/JR VISE SEAN WINCHCOMBE/QUARTERMASTER DAN BROWN



IMPORTANT INFO/PACT ACT

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SERVICE OFFICER: Larry Janssen (636) 274-5001

The PACT Act is one of the most extensive health care and benefit expansion efforts ever put forth by the United States Department of Veterans Affairs. The new law will protect and grant access to generations of Veterans struggling with presumptive conditions related to toxic exposure. The PACT Act will bring the following changes to VA benefits and care:

- “Expands and extends eligibility for VA health care for Veterans with toxic exposures and Veterans of the Vietnam, Gulf War, and post-9/11 eras.
- Adds more than 20 new presumptive conditions for burn pits and other toxic exposures.
- Adds more presumptive-exposure locations for Agent Orange and radiation.

If you or any Veterans you know have been diagnosed with any of the following illnesses, you’re encouraged to contact the VA at **1 (800) 698-2411** or file a claim for PACT Act-related disability compensation online

[The PACT Act And Your VA Benefits | Veterans Affairs](#)

FROM OUR AUXILIARY

The Auxiliary is starting to ramp up for this year’s 3rd Annual William “Bill” McCabe Memorial Golf Classic to be held Saturday, June 17th, at Meramec Lakes Golf Course in Saint Clair, Missouri. This has been THE major event for the Auxiliary for the last couple of years with a total of \$29,000 raised in support of worthwhile projects. The Auxiliary voted at our March meeting to split this year’s proceeds between two organizations: Forces for Food Pantry and Missouri Patriot Paws.

Forces for Food Pantry is a foundation located at Jefferson Barracks serving veterans/military with basic foodstuffs and personal hygiene products. Missouri Patriot Paws offers trained service dogs to military veterans and first responders suffering from post-traumatic stress disorder (PTSD) or traumatic brain injury (TBI).

We welcome any support in our endeavors that you can provide!

Presumptive cancers:

- Brain cancer.
- Gastrointestinal cancer of any type.
- Glioblastoma.
- Head cancer of any type.
- Kidney cancer.
- Lymphatic cancer of any type.
- Lymphoma of any type.
- Melanoma.
- Neck cancer.
- Pancreatic cancer.
- Reproductive cancer of any type.
- Respiratory (breathing-related) cancer of any type.

Presumptive illnesses:

- Asthma that was diagnosed after service.
- Chronic bronchitis.
- Chronic obstructive pulmonary disease (COPD).
- Chronic rhinitis.
- Chronic sinusitis.
- Constrictive bronchiolitis or obliterative bronchiolitis.
- Emphysema.
- Granulomatous disease.
- Interstitial lung disease (ILD).
- Pleuritis.
- Pulmonary fibrosis.
- Sarcoidosis.



VFW
VETERANS OF FOREIGN WARS.

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BIG RIVER VFW
POST 5331



Classifieds

This set of 5 Superior High Performance Definitive Technology Surround Sound Speakers and 1 Powered SubWoofers. Great Condition and Great sound!! PowerField Subwoofer/Center Channel Speaker/2-Bi-polar speakers/twin tower 42" speaker/Denon AL24 Processing Plus receiver and home theatre Uninterruptible power supply. Bell'o Glass 3 shelf entertainment center. Contact David Knouse 636 692-1087 asking \$1000.00 or OBO



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PAST EVENTS

Chili and wing
 cookoff

Club Room Olympics

Brady Horn Live
 music in the
 clubroom

Keep an eye on the
 bulletin board for
 more events!!!!

COZI SHARED
 CALENDAR

VFW EVENTS

LINK AND QR CODE

<https://rest.cozi.com/api/ext/1103/6062/be2f-d93d-4323-bf98-4f682944e316/icalendar/feed/feed.ics>

